

Successful Math Test Preparation Study Tips

- Study material that will be on the test at least 1 hour per night for at least a week before the test.
- Make up your own practice test or have a MAST Center tutor help you write one and then solve the problems without using notes or textbook.
- Complete or review all homework that relates to the test.
- Review previous tests if the test is cumulative.
- Ask the instructor for review problems and information that will help you prepare.
- Simulate the test-taking environment such as completing a practice test in the classroom or a similar classroom if possible.
- Get a proper night's sleep before the test.
- Eat a well-balanced meal at least an hour before the test.
- Do NOT STUDY the last 30 minutes before the test as your short-term memory will interfere with all of your previous studying.